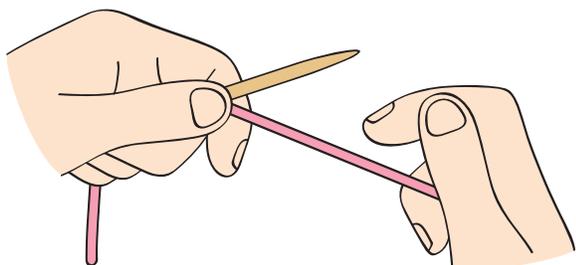
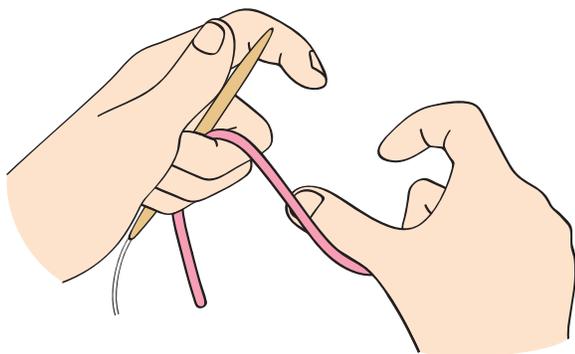


## Rita Buchanan's Möbius cast on

- 1 With the needle in the left hand, hold the yarn taut between both hands with a short tail on the left and the ball on the right.

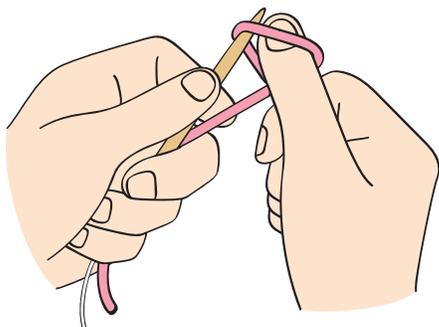


- 2 Swing the right thumb over, behind, and under the yarn, and then up to create a loop on the thumb.

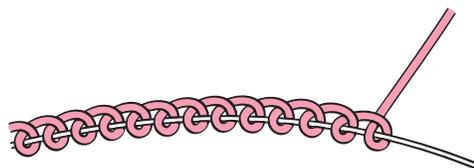


- 3 Bend the thumb slightly away from you and insert the needle into the thumb loop as if to knit. Remove the thumb and pull the yarn to tighten the stitch.

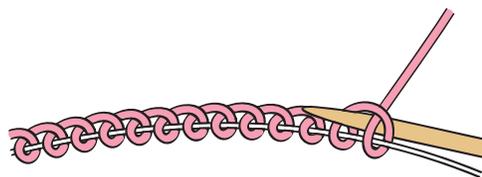
Repeat steps 2 and 3 to cast on the required number of stitches.



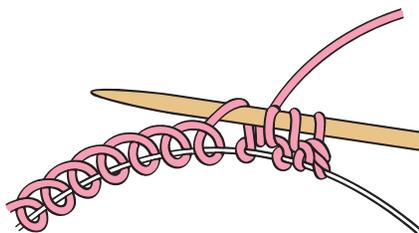
- 4 Slide all the stitches onto the cable part of the needle, and then rotate the row of stitches upward so that the cast-on edge is above the cable. Let the right needle hang.



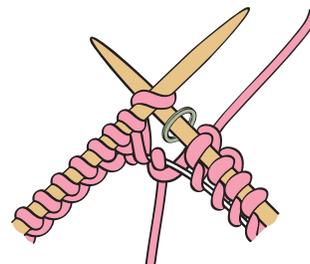
- 5 Starting with the last stitch cast on, use the left needle to pick up and purl the first stitch by inserting the needle between the first two stitches from back to front above the cable.



- 6 Continue to pick up and work stitches between the stitches above the cable, inserting the needle between the stitches from front to back for a knit stitch or from back to front for a purl stitch as your pattern requires. As you work around picking up stitches, make sure that the row of cast-on stitches is not twisted. The needle cable will automatically curl around on itself.



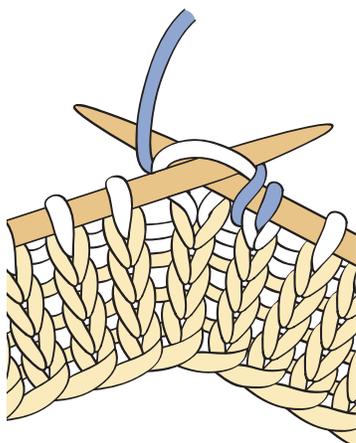
- 7 When you reach the tail end and can no longer pick up stitches, the needles should be pointing toward each other. Place a marker and begin your project.



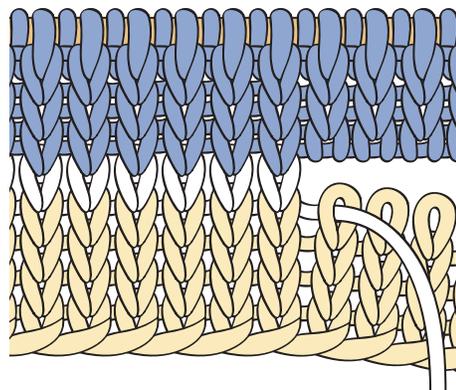
## Rolled-edge cast on for K1, P1 rib

1 With waste yarn, use any method to cast on half the number of required stitches. Join and work four rounds of stockinette stitch. Cut the waste yarn, leaving a 6" tail. Knit one round with the ravel cord. Cut the ravel cord, leaving a 6" tail.

2 With the project yarn, \*K1, bring yarn to front to create a yarn over; repeat from \*. (If you are working on double-pointed needles, do not forget the yarn over when moving from one needle to the next.)



Begin K1, P1 ribbing. After working a few rounds, remove the smooth yarn or ravel cord by pulling the end. If you do not use ravel cord, you may need to pull out the yarn stitch by stitch, or snip it as you go along.



3 Work two rounds of double knitting:  
**Round 1:** \*K1, slip 1 purlwise (the yarn over) with yarn in front; repeat from \*.  
**Round 2:** \*Slip 1 purlwise with yarn in back, P1; repeat from \*.

